

## About us...

The purpose of Authentic Voices is to provide opportunities for girls to bring forth their particular challenges and conflicts inherent in growing up by developing skills, attitudes and techniques, empowering them to bring about change. Encouraging each girls' voice and creating a safe place for cultivation and exploration of authentic self is all part of the program. Information will be provided that will aid in the development of thinking skills to help teens question cultural messages. This program targets girls ages 11–18, but parents, teachers, counselors, and social workers are encouraged to get involved. Interested in learning more? Call Betsy at 309-786-3006.

## Presenters...

Tiffany Flowers  
Artist  
Iowa City, IA

Cathy O'Keefe  
Exec. Director  
Braking Traffik

Carol Mackel  
UTHS Teacher  
East Moline, IL

Dot of Dot's Pots  
Artist  
Moline, IL

Clara DeCoster  
Triathlete  
East Moline, IL

Andi Naab  
Artist  
Rock Island, IL

Julie Frost, RN  
Genesis  
Davenport, IA

Allison Fleming  
HR Director  
City of Moline

Lori Walljasper  
Scott Comm. College  
Davenport, IA

Lisa Brathall  
Weaver  
Port Byron, IL

Ingrid Bogdanowicz  
Artist  
Rock Island, IL

Dr. Julie Schroeder  
Davenport, IA  
Waterford Family  
Medicine

# AUTHENTIC VOICES

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## **17th Annual Young Women's Conference**

DREAM YOUR FUTURE VOICE

Friday  
January 30, 2015  
8:30 a.m. – 2:00 p.m.  
Butterworth Center  
1105 8<sup>th</sup> Street  
Moline, Illinois  
309-743-2700

**Donations provided by:**  
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Supported By:  
Rock Island Regional Office of  
Education  
Betsy Zmuda-Swanson, LCSW  
Erica Hempel-Bucy, LSW  
Xochi Pannell  
Erin Doty  
Lisa Ball  
Chi Alpha Pi Sorority

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# What you'll do while you're here...

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Please wear very comfortable clothes. During the course of the day you will be attending an introductory session and four other sessions. Please pick your top choices and then pick alternative choices just in case your first pick is filled. Please make sure that if you are a Senior High student you choose from the Senior High section. If you are a Junior High student you choose from the Junior High section. Here are the workshops to choose from:

**Keynote\*** - participate with Tiffany Flowers in her powerful portrayal of handling issues of life through poetry. She has overcome incredible odds and those who are lucky enough to experience her are forever changed!

**Art Activities** - make works of clay, jewelry, cards, weaving, service project for Gilda's Club and more. (Dot, Bogdanowicz, Brathall, Naab)

**Because I'm in Love** - Let's explore what we often fail to look at. (Mackel)

**Body Talk** - Real conversations about body care for senior high. (Schroeder)

**Braking Traffik** - Slavery is real in the Midwest. Learn to keep yourself safe. (O'Keefe)

**Got Code** - Learn about technology careers. (Walljasper)

**Fashion Show** - What should I wear to an interview? (Chi Alpha Pi - Augustana College)

**House Tour** - A Butterworth staff member will conduct the tour of this historical home.

**How to Get Job** - Learn the basics from Moline's Human Resource Manager. (Fleming)

**Ice Breakers\*** - We'll start the day with a little "get to know you" fun. (Chi Alpha Pi)

**Meet, Greet and Tweet** - Learn the keys and pits of social media. (Augustana College)

**Panel** - Questions and answers on career success stories. (Various)

**Photo Booth** - Use props provided and dress up for a little fun. Open from 10:30-12:15. (Walgreens)

**Running 101** - Find out what it takes from a true champion. (De Coster)

**Zumba** - Make some cool moves. (Frost)

**\*Everyone Attends Ice Breakers, Keynote address, Fashion Show and Lunch. Visiting the Photo Booth is optional.**

# Program Sessions

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## Senior High

8:30-9:00 Registration and Ice Breakers

9:00-10:00 Welcome and Keynote

10:00-10:20 Fashion Show

10:25-11:25 \*Art Activities or  
**Select one\*** Because I'm in Love

11:25-11:50 Lunch

11:50-12:15 House Tour

12:15-1:10 \*Meet, Greet and Tweet,  
**Select one\*** Panel or  
Body Talk

1:15-2:00 \*Got Code,  
**Select one\*** How to Get a Job or  
Running 101

## Junior High

8:30-9:00 Registration and Ice Breakers

9:00-10:00 Welcome and Keynote

10:00-10:20 Fashion Show

10:25-11:25 Art Activities

11:25-11:50 House Tour

11:50-12:15 Lunch

12:15-1:10 \*Got Code  
**Select one\*** or Zumba

1:15-2:00 \*Because I'm in Love or  
**Select one\*** Braking Traffik (includes a service  
project assembling pop tab  
bracelets)

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**Please save pop tabs and bring to the conference for our service project.**



# Registration Form

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Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

School \_\_\_\_\_

Grade \_\_\_\_\_

## Senior High Registration

### **Preferred Session Choices**

10:25-11:25 \_\_\_\_\_

12:15-1:10 \_\_\_\_\_

1:15-2:00 \_\_\_\_\_

### **Alternate Choices**

12:15-1:10 \_\_\_\_\_

1:15-2:00 \_\_\_\_\_

## Junior High Registration

### **Preferred Session Choices**

12:15-1:10 \_\_\_\_\_

1:15-2:00 \_\_\_\_\_

### **Fee is \$8.00**

I have read the brochure and consent to my daughter's participation in the Authentic Voices Workshop at the Butterworth Center.

By completing this form I agree to my daughter's participation in the assigned sessions.

\_\_\_ I consent to pictures and media publicity which includes my daughter.

\_\_\_ I do not consent to any media publicity including my daughter.

Parent Signature

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**\* Please return registration form with payment by Wednesday January 21st.**